



Speed Coaching

Effective, Efficient and Evolutionary

We understand that time is of the essence in any business and you want results at the *speed of change*. JustCoachIt has developed a highly effective coaching model that will give the results you are looking for in only 4 weeks.

You and/or members of your team can work with international executive coach Irene Becker to kick start results that drive your 3Q Edge; **enhanced mind power**, **emotional intelligence power** and **the power within**.

Exceptional coaching, exceptional programs and services, exceptional results!

In as little as four weeks you will kick-start breakthrough results in one of the following areas:

- 1. Lead at the speed of change with your EQ Edge**
Generate greater client, employee and colleague loyalty, engagement, better sales, better personal and business relationships.
- 2. Develop better communication-rapport-relationships**
Unleash your ability to deal more effectively with difficult people and circumstances.
- 3. Action-ability**
Maximize your time by enhancing your mind power.
- 4. Build A Presentation Edge**
Take the power of your words, your speech, your posture and presentation to maximum velocity.
- 5. Turn Stress Around**
Develop a new process for transforming stressors into maximum power and potential.
- 6. Understand and Engage Your Happiness Set Point**
Use the new insights to start engaging your happiness set point in life, relationship building and career for maximum power, fulfillment and results.
- 7. Rebuild**
Unleash the leader within, reach past what is and create or re-create what can be in your life and work.



Client Response:

"Irene was remarkable, the speed coaching worked well for our busy executives and started producing results almost immediately. Thank you Irene, a tough crowd but you tamed them all."

R. Richardson

**Explore Experience
and Evolve**

**What are you
waiting for?**

JUST COACH IT

800 Steeles Avenue West Unit B10-133,
Thornhill, Ontario L4J 7L2 Canada

Phone: 905-889-0940

E-mail: info@justcoachit.com

Web: www.justcoachit.com